

# Black Country Food Bank

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>The Rock</b> Lichfield House 27-31 Lichfield St WS1 1TE Bus: Any bus to a Walsall bus station, then a 6 min walk	12pm - 3pm		12pm - 3pm			
<b>The Thomas Project</b> 196H Walsall Wood Rd WS9 8HB Bus: 7, 7a, 8, 35E			10am - 1pm		3.30pm - 6.30pm	
<b>Ablewell Advice</b> Ablewell St WS1 2EQ Bus: 77, 5, 637, 934, 935	10am - 2pm		10am - 2pm		10am - 2pm	11pm - 1pm
<b>The Lamp Foodbank</b> Brownhills Community Centre Chester Road North, WS8 7JW				11am - 1pm		
<b>All Saints</b> All Saints Church Hall Walsall Road WS10 9LA Bus: 34,38,39		10am - 12pm				
<b>Bridging the gap</b> 79A Stafford St WV13 1RT Bus: 28, 40, 41, 57, 303, 326, 333, 529				12pm - 3pm		

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<b>Trussel Trust</b> <b>Pelsall Food Bank</b> 4 minute walk from Pelsall Village Centre 1 Chapel Street Pelsall Walsall WS3 4LN 01922 445802		11am - 1pm			1pm - 3pm	
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